

# Tuggeranong Trifecta 2011

Sanctioned by Masters Swimming Australia. Sanction no PS11/3

A big thankyou to everyone who participated in Tuggeranong's 2nd postal swim.!

## Participants by Gender

Male: 4  
Female: 20

## Participants by Age Group

25-29	1
30-34	1
35-39	1
40-44	2
45-49	4
50-54	5
55-59	4
60-64	2
65-69	1
70-74	1
75-79	2

Youngest participant: 27  
Oldest participant: 76

## Participants by Club

Albany Creek	1
Alice AUSSI	8
Aqua Jets	1
Bunbury AUSSI	4
Tuggeranong	10

## Most Popular Stroke for Each Distance

400m	Individual Medley	11 swimmers
800m	Backstroke	10 swimmers
1500m	Freestyle	12 swimmers

Jane Lindsay  
Coordinator  
10 November 2011

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## Results: Men

David Bale	35-39	Tuggeranong	400m	Individual Medley	SC	06:33.81
			800m	Freestyle	SC	11:39.78
			1500m	Backstroke	SC	27:42.88
Glenn Ronan	50-54	Alice AUSSI	400m	Individual Medley	SC	09:26.38
			800m	Backstroke	SC	19:58.82
			1500m	Freestyle	SC	30:06.94
Adrian Davis	60-64	Tuggeranong	400m	Individual Medley	SC	06:34.91
			800m	Breaststroke	SC	13:59.32
			1500m	Butterfly	SC	27:57.63
Bill McGuigan	65-69	Bunbury AUSSI	400m	Breaststroke	LC	12:19.52
			800m	Backstroke	LC	22:03.26
			1500m	Freestyle	LC	32:32.79

## Results: Women

Emily Procopis	25-29	Alice AUSSI	400m	Freestyle	SC	05:55.80
			800m	Backstroke	SC	13:48.84
			1500m	Breaststroke	SC	28:49.16
Jenna Turner	30-34	Alice AUSSI	400m	Individual Medley	SC	07:59.68
			800m	Freestyle	SC	15:27.70
			1500m	Backstroke	SC	31:56.34
Caroline Makin	40-44	Tuggeranoong	400m	Backstroke	SC	06:37.07
			800m	Individual Medley	SC	14:22.70
			1500m	Freestyle	SC	23:47.61
Philippa Rickard	40-44	Tuggeranoong	400m	Individual Medley	SC	06:07.97
			800m	Backstroke	SC	12:36.65
			1500m	Freestyle	SC	21:21.81
Suzie Gunning	45-49	Tuggeranong	400m	Backstroke	SC	07:59.90
			800m	Individual Medley	SC	16:17.89
			1500m	Freestyle	SC	24:21.02
Ann Reid	45-49	Tuggeranong	400m	Freestyle	SC	06:20.92
			800m	Breaststroke	SC	20:27.23
			1500m	Butterfly	SC	36:50.43
Heather Bunting	45-49	Alice AUSSI	400m	Individual Medley	SC	08:42.13
			800m	Breaststroke	SC	19:47.69
			1500m	Freestyle	SC	29:29.51
Margaret Larkin	45-49	Alice AUSSI	400m	Breaststroke	SC	12:11.04
			800m	Freestyle	SC	15:56.48
			1500m	Backstroke	SC	39:52.14

Leisa Cass	50-54	Tuggeranong	400m	Individual Medley	SC	07:43.24
			800m	Freestyle	SC	13:15.24
			1500m	Backstroke	SC	30:18.88
Sarah Cullenane	50-54	Alice AUSSI	400m	Individual Medley	SC	07:47.53
			800m	Freestyle	SC	13:44.64
			1500m	Backstroke	SC	33:25.35
Julie Collins	50-54	Alice AUSSI	400m	Individual Medley	SC	09:28.74
			800m	Breaststroke	SC	18:34.10
			1500m	Freestyle	SC	31:46.66
Carole Baker	50-54	Albany Creek	400m	Individual Medley	SC	07:20.44
			800m	Breaststroke	SC	16:36.43
			1500m	Backstroke	SC	29:01.27
Cathy Allen	55-59	Bunbury AUSSI	400m	Breaststroke	LC	17:15.63
			800m	Backstroke	LC	25:33.60
			1500m	Freestyle	LC	34:24.54
Cecelia Kaye	55-59	Tuggeranong	400m	Freestyle	SC	08:20.00
			800m	Backstroke	SC	17:31.00
			1500m	Breaststroke	SC	35:18.69
Sharen Smith	55-59	Aqua Jets	400m	Breaststroke	SC	09:48.27
			800m	Backstroke	SC	17:44.08
			1500m	Freestyle	SC	31:51.00
Kay Bailey	55-59	Alice AUSSI	400m	Butterfly	SC	08:46.97
			800m	Backstroke	SC	15:16.80
			1500m	Freestyle	SC	27:42.86
Brenda Day	60-64	Tuggeranong	400m	Individual Medley	SC	08:27.20
			800m	Backstroke	SC	16:34.18
			1500m	Freestyle	SC	29:12.77
Jane Lindsay	70-74	Tuggeranong	400m	Backstroke	SC	15:08.61
			800m	Freestyle	SC	23:11.16
			1500m	Breaststroke	SC	56:53.33
Thelma Sharp	75-79	Bunbury AUSSI	400m	Breaststroke	LC	11:18.42
			800m	Backstroke	LC	21:34.90
			1500m	Freestyle	LC	34:20.84
Margaret Moylett	75-79	Bunbury AUSSI	400m	Breaststroke	LC	13:47.04
			800m	Freestyle	LC	23:34.24
			1500m	Backstroke	LC	48:49.11

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400m	Backstroke	SC	Caroline Makin	40-44	Tuggeranoong	06:37.07
400m	Backstroke	SC	Suzie Gunning	45-49	Tuggeranong	07:59.90
400m	Backstroke	SC	Jane Lindsay	70-74	Tuggeranong	15:08.61
400m	Breaststroke	SC	Sharen Smith	55-59	Aqua Jets	09:48.27
400m	Breaststroke	LC	Thelma Sharp	75-79	Bunbury AUSSI	11:18.42
400m	Breaststroke	SC	Margaret Larkin	45-49	Alice AUSSI	12:11.04
400m	Breaststroke	LC	Bill McGuigan	65-69	Bunbury AUSSI	12:19.52
400m	Breaststroke	LC	Margaret Moylett	75-79	Bunbury AUSSI	13:47.04
400m	Breaststroke	LC	Cathy Allen	55-59	Bunbury AUSSI	17:15.63
400m	Butterfly	SC	Kay Bailey	55-59	Alice AUSSI	08:46.97
400m	Freestyle	SC	Emily Procopis	25-29	Alice AUSSI	05:55.80
400m	Freestyle	SC	Ann Reid	45-49	Tuggeranong	06:20.92
400m	Freestyle	SC	Cecelia Kaye	55-59	Tuggeranong	08:20.00
400m	Individual Medley	SC	Philippa Rickard	40-44	Tuggeranoong	06:07.97
400m	Individual Medley	SC	David Bale	35-39	Tuggeranong	06:33.81
400m	Individual Medley	SC	Adrian Davis	60-64	Tuggeranong	06:34.91
400m	Individual Medley	SC	Carole Baker	50-54	Albany Creek	07:20.44
400m	Individual Medley	SC	Leisa Cass	50-54	Tuggeranong	07:43.24
400m	Individual Medley	SC	Sarah Cullenane	50-54	Alice AUSSI	07:47.53
400m	Individual Medley	SC	Jenna Turner	30-34	Alice AUSSI	07:59.68
400m	Individual Medley	SC	Brenda Day	60-64	Tuggeranong	08:27.20
400m	Individual Medley	SC	Heather Bunting	45-49	Alice AUSSI	08:42.13
400m	Individual Medley	SC	Glenn Ronan	50-54	Alice AUSSI	09:26.38
400m	Individual Medley	SC	Julie Collins	50-54	Alice AUSSI	09:28.74
800m	Backstroke	SC	Philippa Rickard	40-44	Tuggeranoong	12:36.65
800m	Backstroke	SC	Emily Procopis	25-29	Alice AUSSI	13:48.84
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800m	Backstroke	LC	Bill McGuigan	65-69	Bunbury AUSSI	22:03.26
800m	Backstroke	LC	Cathy Allen	55-59	Bunbury AUSSI	25:33.60
800m	Breaststroke	SC	Adrian Davis	60-64	Tuggeranong	13:59.32
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800m	Breaststroke	SC	Ann Reid	45-49	Tuggeranong	20:27.23
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800m	Freestyle	SC	Margaret Larkin	45-49	Alice AUSSI	15:56.48
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800m	Freestyle	LC	Margaret Moylett	75-79	Bunbury AUSSI	23:34.24

800m	Individual Medley	SC	Caroline Makin	40-44	Tuggeranoong	14:22.70
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1500m	Freestyle	SC	Brenda Day	60-64	Tuggeranong	29:12.77
1500m	Freestyle	SC	Heather Bunting	45-49	Alice AUSSI	29:29.51
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